

Welcome on campus

The Student-Guide of AStA



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Hey!

We as AstA would like to welcome you to your new life in Göttingen!

You are probably wondering what the AstA is all about. We introduce ourselves in this booklet. But you will also get information about many other exciting areas around your studies. More about that in a moment. But we would like to give you one thing in advance: We as AstA always have an open ear for your questions - whether about your studies or our work - and try to help you as quickly as possible. You can find a lot of helpful information on our website or Insta. The contact options are also listed below.

What else can you find out in this issue? In addition to the introduction of the AstA, we will also give you some important information about university political initiatives and committees. We would also like to briefly introduce you to some important contact points (however, we cannot list all of them here). Göttingen is colorful and diverse! You can get involved in a wide variety of university groups, subject groups, and non-university organizations. From theater to organizing demos or parties - Göttingen offers you a lot!

But also beyond that you will be able to experience a lot in Göttingen. We will post some interesting information for your start in Göttingen in the near future. Follow us on Insta for this.

How to contact us:

- ✉ sekretariat@asta.uni-goettingen.de
- 🌐 asta.uni-goettingen.de
- 📷 asta_unigoe

Student self-administration

You have probably already asked yourself how the individual contact persons you have already met are related to each other. AstA, Fachgruppe, Fachschaft, Senat and what else is there? What is the difference and why are there so many of them? In this section, we want to shed some light on the subject.

At the University of Göttingen, the students manage themselves, just like all other members of the university, i.e. they elect representatives on different levels, collect contributions, manage them and make decisions about expenditures, self-imposed rules, as well as about demands to politics and other committees of the university.

The subject group

Every student belongs to a subject, a student council and the student body. The representatives for your subject are organized in your subject group (FG), e.g. FG Politics or FG Biology. They take care of e.g. concrete problems during exams, often know the teachers of the subject personally and have a small budget with which they can organize barbecues or other events. Only one person is elected as spokesperson for the department. All the others there just get involved. Some subjects do not have an active subject group because there is only one subject at the faculty or because there is no one

(mostly in small subjects). In such a case, you can turn to your student council with all your concerns (more about that in a moment) or, if you feel like it, simply run for speaker yourself and make sure that there is direct representation again.

The Student Council and the Student Council Parliament

The Fachschaft (FS) is the representation for all students of a faculty, e.g. chemistry or medicine. The official tasks are taken over by the Fachschaftsrat (FSR), although there are also many people who are involved without holding an office. The members of the Fachschaftsrat are elected by the Fachschaftsparlament (FSP), whose composition you decide on once a year during the university elections. The tasks of the Fachschaft are similar to those of the Fachgruppe, but cover topics that affect the entire faculty. Its size enables it to exert even more influence on examination regulations and faculty processes and to organize even larger events, e.g. as part of the O-week. In addition, representatives of all student councils meet regularly in the Student Council Assembly (FSRV) to share their experiences and take a joint position on important issues.

1 Pay attention to your surroundings and try not to endanger anyone. Even if the start of your studies is important, you still have to comply with the requirements.

2 Do not be afraid to ask questions. The planners of the O-Phase are available for questions and problems of all kinds at any time. They can help you with a wide variety of concerns.

3 Respect the boundaries of others and create an atmosphere in which it is easy for others to show their boundaries. Also, state your boundaries so that others can more easily recognize them.

4 You should be able to have fun in the O phase on your own terms. No means no and only yes means yes, this is not an invitation for discussion. Listen to yourself.

5 State your preferred name and pronouns in the groups. No one can assume gender from appearance.

6 During the O-Phase you should find a wide range of events, if not in your subject, then for example in the Alternative O-Phase (more information on this can be found in the digital Erstibeutel).

Code of Conduct

O-Phase is intended to be an event for everyone. It gives you the opportunity to settle into your studies and form new, hopefully long-lasting friendships and relationships. To make O-Phase as enjoyable as possible for you, we have created a Code of Conduct. If you notice that it is being violated during your O-Phase, you can contact the O-Phase teams. The code is as follows:

7 The O-Phase teams are there for you. Contact them if you notice unpleasant or problematic behavior.

8 You don't have to do anything you don't want to do. You are free to decide what you want to do and what you don't want to do.

9 Alcohol is not a duty at the university. If it fits in with the events, you can drink, but behave responsibly - towards yourself and above all towards others.

Student fraternities and housing situation in Göttingen

When the WG room costs 180€, but also your freedom.

Finding an affordable room at the beginning of the semester has become increasingly difficult in recent years. Advertisements for rooms in magnificent villas with house community and bar for under 200€ rent seem like a dream in these situations - But what normal WG already consists of exclusively male roommates in large villas?

Student fraternities are often particularly attractive because they present themselves as communities full of security, solidarity and connection. To become part of this community, however, new members must commit to the Lebensbund principle: Even after they leave, they continue to be part of the fraternity as an "old gentleman" and must continue to co-finance active members.

In order to become part of the community, new members must also follow the Comment - the code of conduct - of the fraternity, which structures life together and provides for regular participation in internal fraternity events, for example. Apart from the fact that the strict and binding integration into the fraternity hardly allows for leisure time and individual development, new "masculinity competitions" are held almost every day. An evening at the pub here does not mean a nice get-together, but compulsory drinking and the pressure to prove drinking resistance. The "beer comment" is enforced by a separate presidium and often includes severe punishments for weaker fraternity members.

Similarly, in striking fraternities, mensuration is a special form of fencing designed to prove one's "manliness" by exposing oneself to pain and permanent scars without flinching. At the same time, the fencing of the Mensur also serves as an initiation rite to introduce new members to the fraternity. In this way, their willingness to submit and sacrifice themselves for the community is tested.

In accordance with this outdated image of men, fraternities propagate gender roles from 150 years ago. As a rule, fraternities are male associations. The view that there are only two sexes, which are fundamentally different by nature, is the consensus here. This is not merely about "slightly antiquated" ideas of the roles of men and women; it is about a determined denial of the basic pillars of a society based on equal rights and equality. A discriminatory practice can also be seen in the fact that racist or anti-Semitic attacks and statements repeatedly occur in fraternity spaces.

While such mindsets are not fully developed in all fraternities, they are very common. If you want to know more or need evidence for our statements, we recommend the research of Leon Enrique as well as our reader 'Studentenverbindungen gestern und heute'. We as AStA reject the way of life and the way of thinking of fraternities and therefore actively campaign for more apartments to be kept in public hands and affordable there, so that suspiciously cheap offers are no longer a temptation.

The AStA and the StuPa

The AStA (short for general student committee) is the highest representation of the students at the university and is responsible for all subjects and faculties. It consists as a body of various officers who are elected in the student parliament. This is also voted on in the university elections. The parliament is supposed to control the AStA, gives it a budget in which all expenditures and incomes of the student body are determined and can change the regulations, which regulate a large part of the committee work.

The AStA itself takes care of the operational business. It takes care of the semester tickets, supports the student councils and subject groups with their finances and other concerns, and represents the students in many university committees and working groups. In addition, it offers services such as a rental service for university groups or the promotion of initiatives and organizes social support services such as the semester ticket refund, social counseling or the instant loan for needy students. In addition to these mandatory tasks, however, the AStA also organizes events and uses public relations to take political positions on behalf of the student body. This year, its departments include the chair, the finance department, the university department, the social department, the external department, the department for political education, the department for climate justice and the department for gender and diversity. In addition to the elected officers, there are also many administrative staff working for the university, for example, to organize public relations or first semester support.

The academic self-administration

In addition to the committees and organizational levels just mentioned, there are also counterparts in which not only student representatives sit, but also representatives of the other status groups, i.e. professors, academic mid-level staff and employees from technology and administration. These committees are also important and should create a balance of interests between the groups on common issues. The bodies are the faculty council for each faculty and the senate for the university as a whole. Here, examination regulations are decided, large amounts of money are distributed and important persons, such as the deans or the president, are elected. Both also have commissions on various topics, such as examination issues or sustainability, in which decisions are prepared and whose members are appointed by the representatives in the main body. Unfortunately, with a few exceptions, the group of professors is represented with an absolute majority in the academic bodies and their commissions, as they are granted the corresponding number of seats by law. We find this undemocratic and would like to change it. The student senators and faculty councils are also elected by you in the university elections.

The easiest way to help shape university politics is to vote in the university elections. Every January, we can vote on the student members of various university bodies as well as on semester tickets. You can vote online or by postal vote, and you will receive all the important information by email in good time.

You can also get involved in the political university groups and stand for election yourself via a corresponding list, for example for the student parliament (StuPa). To get to know the lesser-known committees, it's also a good idea to get involved in a university group. You can find a list of all university groups on the AStA website, and some of them will certainly draw attention to themselves during the O-Phase.

You can apply to the AStA Social Department for a refund of your semester ticket (part of the semester fee you had to pay for enrolment). There are two different types:

Type A is the refund due to severe disability or double enrolment (at two universities in Lower Saxony). The applications here are approved if all the necessary requirements are met.

Type B includes applications due to financial hardship, called LeMSHO. You can apply for a refund of all three semester tickets, i.e. bus, train and cultural tickets, via the Department of Social Affairs.

If you receive a refund, you can of course still use the tickets.

Applications for the winter semester can be submitted until 30.11. for type A and until 15.01. for type B. You can find all the necessary information about the applications on the website of the Social Department. If you have any questions, you can always contact us at the Social Counselling hours!

Central Representations

Representation for international students
Students who are not or not only German citizens are represented by the Parliament of International Students (PaIS) and the Council of International Students (RIS). The PaIS is also elected by these students in the university elections in January. The RIS, similar to the AStA, advocates for student issues, but focuses on international students. Here, networking opportunities for international students are created and the interests and needs of the student group are represented politically. There will be occasional events and projects to involve international students.

If you like to get in touch with other international students* or have concerns and questions, this is the right place to go. If PaIS and RIS have piqued your interest and you would like to learn more, feel free to check out their Instagram page and homepage or send them an email..

isc@uni-goettingen.de
Insta: isc.uni_goettingen

VfSB We are the Representation for Students with Disabilities (VfSB) and we advocate for students with disabilities, chronic illnesses, neurodivergence (e.g. ADHD, autism...) and mental illnesses and thus want to make studying at our university more accessible. If you would like to join us and/or have any questions, please feel free to contact us!
Everyone is welcome to join us.

vfsb@uni-goettingen.de
Insta: vfsb_goettingen
<https://vfsb.asta.uni-goettingen.de>

LSV We are the student teachers' representation, i.e. we are a colorful group of student teachers from all subjects who stand up for your interests. Our tasks are:

- the coordination of the teaching-related work of the student councils & subject groups
- Supporting the work of the Study Commission for Teacher Education and the ZEWIL Board of Directors
- the organization of various events

Our home is the so-called LuLZ - the "Teachers' Room". It is a meeting place for all student teachers. Do you want to get involved or just drop by? Then take a look at www.lsv-goe.de.

lsv@uni-goettingen.de
Insta: @lsv_uni_goettingen

Counseling Centers

With your studies, a new phase of your life begins, full of new challenges and demands on yourself or from outside, which you cannot always meet. We want you to know that you are not alone and that there are many support services that can help you in such moments.

You can find a more detailed list and further information about the counseling centers can be found on the website of the social department and via this QR code:



Social Counseling Our team helps with all social questions that arise during your studies. Whether it's student finance, barrier-free studies, psychological stress or studying with a child - we'll be happy to advise you or direct you to the appropriate offices.
trans* Counseling Peer-to-peer trans* counseling for students in cooperation with aquat*
AStA-Legal Advice For an initial legal assessment, the AStA offers advice from a lawyer.

Initial counseling on labor and social law for students
The cooperation center of the universities and trade unions offers a consultation hour, where you can bring your questions about your part-time job.

The service social of the Studentenwerk offers a wide range of financial support and helps you with social questions and problems in an open office hour.

Complaint Management
Your contact person for suggestions or criticism regarding counseling or service offers, requirements or contents of a study program, examination or recognition practice and equipment and infrastructure.

Queeres Zentrum Göttingen
Meeting place, event and counseling center for queer* people & more info about queer life in Göttingen, like equity* and the Trans* Counseling. aquat* university group, which stands up for the interests and against the discrimination of queer and trans* persons. Family service of the Uni Göttingen. Supporting offers & advice for student parents. Equal Opportunity Officers offer support in the event of discrimination in the context of the university, in addition to their work on university policy. There is a central contact point for general questions and decentralized contact points for specific questions at the individual faculties..

Psychotherapeutic Outpatient Clinic for Students (PAS) Diagnostics, counseling & treatment by licensed psychotherapists for students in psychological crisis situations.
Psychosocial Counseling Center (PSB): The PSB of the Studentenwerk offers initial support in psychological and social emergencies related to studies in the form of initial and counseling sessions. You will also find coaching and courses (autogenic training, motivation, time management, etc.).
Nightline anonymous listening phone by & for students.

Student Legal Counseling Students provide legal counseling under the supervision of a lawyer.
Refugee Law Clinic rlegal advice for refugees
Legal advice at the Göttinger Tafel
Student legal advice on the premises of the Göttinger Tafel

AStA-Offers

Student Legal Counseling - Mental Health

Studies and Finances

Diversity

Queer bar guide:

Dear students, here we want to give you another small selection about queer-friendly bars in Göttingen. Some of them also host events on queer and feminist topics:

- | | |
|--------------|------------------|
| Café Krawall | DIVA Lounge |
| T-Keller | Exil |
| Salamanca | Juzi (Queer bar) |
| Dots | |



Trigger Warning!

What are knockout drops?

Knockout drops include various substances that are intended to make a person compliant and/or knock them out. These include, for example, GHB (gamma hydroxybutyric acid) and GBL (gamma hydroxybutyrolactone) or liquid ecstasy.

How do knockout drops work?

The effect can occur within a very short time (10-20 min.). Depending on the substance, the effect can last up to several hours. K.O. drops can cause a feeling of euphoria, stimulation, and sexual arousal. It is also often described as a feeling "of being drunk very quickly." If the dose is too high, this leads to dizziness, lightheadedness, nausea, vomiting, sweating, and lack of willpower. Furthermore, a limited ability to move can be added, up to shortness of breath and unconsciousness.

What do knockout drops look like? Can I smell or taste them?

K.O. drops are a colorless powder or liquid. The taste is salty to soapy. However, especially with other mixed drinks like sweet cocktails, this no longer stands out. Likewise, they are odorless.

How can you reduce the knockout drop risk?

Be attentive, keep an eye on your drink and don't leave it unattended. Pick up your drink at the bar yourself and do not accept open drinks from strangers. A hand on the glass, can possibly prevent a pour. Have trusted people watch your drinks. Watch out for each other.

What to do if you suspect a knockout?

Think someone may have given you knockout drops? Inform your friends, trusted persons, the awareness team or other organizers of the O-Phase. No matter who you tell, the most important thing is that you tell them what you suspect. Furthermore, an ambulance should be called or they should go to the hospital with accompanying persons. The police should also be informed. In any case, always have a person around you who supports you and is there for you.

Do you have suspicions about another person?

Ask the person how they are, if they are okay, if everything is okay, if they need anything. Also tell the awareness people, then they can also keep an eye on the person and accompany them. If you are unsure, it is better to call the ambulance once too often than too little. If you find a person unconscious, you should dial 112 immediately!

Emmy Noether University Renaming

Emmy Noether was a German mathematician who was the first woman in Germany to earn a habilitation in mathematics. She was born in 1882 and grew up in a Jewish family in Erlangen. After women were admitted to Bavarian universities starting in 1903, she was able to study mathematics there and earn her doctorate. She was therefore the second German to receive a doctorate in mathematics from a German university. In 1915, she applied for her habilitation at the then world center for mathematics, in Göttingen. There were controversial debates about this in her faculty, with many opposing women's habilitation on principle.



The mathematician David Hilbert's statement that "a university is not a bathing establishment" became famous. Her application was rejected by the Prussian minister, so that she had to hold her lectures under David Hilbert's name. After the First World War and the collapse of the German Empire, women were given better legal status, so that in 1919 Emmy Noether became the first woman in Germany to receive a habilitation in mathematics. She was also the first woman in Germany to receive a (non-civil servant) professorship. Her associate professorship, however, did not receive its first paid teaching assignment until 1922 and 1923. She never received a full professorship. Under the Nazi regime, her teaching license was revoked in 1933 because she was Jewish, and she was forced to emigrate to the United States. In 1935 she died there of a tumor. Emmy Noether made significant contributions to mathematics and theoretical physics. She is considered a co-founder of modern algebra, and several theorems and Noether's ring are named after her. Through her contributions to science and her significant role in the field of women's studies, with her habilitation at the University of Göttingen, Emmy Noether would be a good name-giver for our university. In comparison, a monarch like Georg August, who merely used the money of his citizens to establish a rival university to the Prussian University of Halle, seems outdated. Naming it Emmy Noether University would make Göttingen the first university in Germany named after a woman. Honoring her for her outstanding achievements and honoring the accomplishments women have made in the past despite barriers should be in everyone's interest.

What does awareness mean?

Awareness is English and can be equated with consciousness in German.

Awareness is already an important topic in many areas, such as the environment, nutrition or sustainability. Especially at events, concerts, festivals and parties awareness is more and more present. Awareness concepts and contact persons, retreats and rules of conduct are gaining more and more importance. This is a positive development, because in spaces where many different people meet, power imbalances due to experience and knowledge advantages, as well as hierarchies are present and we all have different personal boundaries, it can always come to border crossings, abuse of power and injuries. Awareness concepts and teams should help to minimize this. On the one hand actively by trained persons who pay attention to an aware atmosphere, on the other hand passively by always being available for you. You can also contribute to creating more awareness! Don't give discrimination, isms and assaultive behavior a chance! Help to create safe spaces where everyone can feel comfortable!

> be aware, stay aware <

How do I find out which lectures have to be included in my timetable?
During your orientation phase, your tutors will show you how to create your timetable. Your faculty council or the student advisory service of your faculty or your subject can also help you.

I would like to get in touch with my departmental group. Where can I find the contact details?
The easiest way is to look in the appropriate section on the AStA website or search the Internet for the departmental group for your course of study.

How and where do I get my immatriculation certificate or other university documents?
You will need your Imma certificate for a variety of things. Whether it's for internships, to present to your bank, or for your child support. You will receive your first Imma certificate after you have successfully enrolled at the university. You can find your grade overviews, certificates and much more on the electronic campus (eCampus). For example, under the tab SB-Funktionen you will find many important notifications.

Can I repeat a failed exam?
Twice. An exam is only considered to have been definitively failed after the third failure. In rare cases, you can also repeat exams that you have already passed in order to improve your grade. However, this will be explicitly mentioned in the course.

Where can I find examination regulations and module descriptions?
Generally on the website of your institute or seminar, under the heading 'Studies'. At the end of the examination regulations you will often find sample timetables.

Is there a map with important information about the accessibility of the university buildings or dispensers for menstrual products?
This is exactly what there is! The GRAS_Geo (building and room information system of the Georg-August University of Göttingen) offers you useful tools. Besides information on accessibility and dispensers for free menstrual products, you can also view bus stops, IT infrastructure and more.
www.geodata.uni-goettingen.de/lageplan

The Culture Ticket

Did you know that with your student ID you can go to a play for free or at a great discount? Or attend live concerts and go dancing? Via a free ticket contingent to the 1. SC. Göttingen 05, the BG or the Veilchen Ladies? Be inspired by art exhibitions and readings? You can experience this and much more with your culture ticket.

You have already paid for it as part of your semester fee. So take advantage of the Kulturticket with our partners by simply showing your student ID. Cultural institutions from the fields of theater, art, music, sports, literature, film and many more are looking forward to your visit. You can find the exact overview of which institution is included and which benefits you can enjoy there on our website (<https://asta.uni-goettingen.de/services/semestertickets/kultursementerticket/>).

You want to know which events are taking place this week with Kulturticket advantage? Take a look at our Instagram. The Kulturbüro Göttingen also offers an event calendar. If you have any questions, just send us an email, we'll be happy to help you!

✉ kulturticket@asta.uni-goettingen.de
📷 [kulturticket_goettingen](https://www.instagram.com/kulturticket_goettingen)

You can find all conditions and providers here:



Sports department

During your studies there are not only countless opportunities to be active in sports, but also a variety of student competitions & tournaments where you can compete and get in touch with students from other universities!

So you get the chance to to represent the University of Göttingen in competitive sports on a national and international level. We support you organizationally and financially. If you are interested, you are welcome to contact us personally or by e-mail to get more information.

For about two years now the university sports department has been operating a new digital sports and health platform, where you can find information on the topics "Sports and Exercise", "Health and Training" as well as "Mindfulness and Stress Reduction" and get moving. On myhome.sport.uni-goettingen.de you will again find various online courses, health topics, podcasts and more in the winter semester that you can integrate into your everyday study routine.

Adress:
AStA Sportreferat
Sprangerweg 2, 37075
Göttingen
Room 2.155
Mail: sportreferat@sport.uni-goettingen.de
Insta:
[sportreferat_unigoettingen](https://www.instagram.com/sportreferat_unigoettingen)

Who and what is the AStA sports department?

We are Dirk and Pia and together we form the AStA Sports Department of the University of Göttingen. Our main task is the organization and execution of student competitive sports at our university. On the one hand, this includes organizing competitive sports events in Göttingen, such as the German University Championships, and on the other hand, sending athletes to national and international university competitions in which students and staff of the university can participate. In addition, we coordinate student self-administration in the context of university competitive sports and cooperate with general university sports. Among other things, we conduct an annual joint sportswomen's honoring ceremony with the city of Göttingen and support university sports in various ways. In Göttingen University Sports we act as a mouthpiece for many student concerns. Furthermore, we represent the student side of Göttingen University Sports in the General German University Sports Association (adh) and actively participate in shaping the association's work.

Student financing

Studying can be very nice, but also damn expensive. Somehow the money has to come. But how? Our social department has collected a few hints for you. Basically, there are 5 financing options: BAfÖG, part-time jobs, scholarships, educational loans and the Studentenwerk. If you have further questions, you are welcome to visit the website of the AStA or contact the team of the social department directly.

Numbers for "Erstis"

Here we have provided you with some more important and useful telephone numbers and contact points:

Equal Opportunities Officer:

Dr. Doris Hayn
Goßlerstraße 9, 37073 Göttingen
Tel. 0551 3924798
7doris.hayn@zvw.uni-goettingen.de

Störmeldezentrale der Uni:

0551 391171

Women's* emergency hotline:

0551 44684

Minicar, especially for women*:

0551/ 48 48 48

Psychotherapeutic Outpatient Clinic for Students (PAS)

Humboldtallee 38, 37073 Göttingen
Tel. 0551 394596
E-Mail: pas@uni-goettingen.de
http://www.pas.uni-goettingen.de

Student Counselling Office

Wilhelmsplatz 4, 37073 Göttingen
Tel. 0551 3926146
Infoline-studium@uni-goettingen.de

Bafög office

Studentenwerk Göttingen, Platz der Göttinger Sieben 4, 37073 Göttingen (Zentralmensa)
Verwaltungsetage (Ebene 3)
Beratung Di. + Do. 11:00 - 14:30 Uhr
oder telefonisch auch außerhalb der Zeiten.

Studentenwerk (Student Services)

Göttingen Abteilung
Studienfinanzierung Zentralmensa
Platz der Göttinger Sieben 4, 37073 Göttingen

Family Service (counselling for parents)

Renate Putschbach, Familien Service der Universität Göttingen (ohne Universitätsmedizin)
Gleichstellungsbüro Goßlerstr. 9, 37073 Göttingen
Tel. 0551 39-12490 E-Mail: familienservice@zvw.uni-goettingen.de

Scan for digital Ersti-Bag:



IMPRESSUM

Der AStA der Universität Göttingen ist eine Teilkörperschaft des öffentlichen Rechts.

Allgemeiner Studierendenausschuss (AStA)

Goßlerstraße 16a 37073 Göttingen

Tel.: +49(0)551 / 39-34564

V.i.S.d.P: Ann-Julie Blume (AStA-Vorsitzende)

Kontakt: sekretariat@asta.uni-goettingen.de

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Follow our Socials for more news on
actions and events:



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[@asta_unigoe](https://twitter.com/asta_unigoe)



t.me/astaunigoe